

MERIDIAN PARKS AND RECREATION ACTIVITY GUIDE

Winter/Spring 2024



ACTIVITIES * FACILITIES * PARKS * SPECIAL EVENTS

Let's Play!

Winter/Spring
2024

Meridian Parks and Recreation

Our Mission

The Meridian Parks and Recreation Department's mission is to enhance our community's quality of life by providing innovatively designed parks, connected pathways, and diverse recreational opportunities for all citizens of Meridian that create lasting memories.

Our Vision

Meridian Parks and Recreation is a premier department that provides family-focused opportunities for the Meridian community and responds to a growing and changing population.

Our Focus Areas

Quality / Community / Fun

Meridian Parks and Recreation Administration

Meridian City Hall—Second Floor
33 E. Broadway Avenue, Suite 206
Meridian, ID 83642

Phone: (208) 888-3579
Fax: (208) 898-5501

E-Mail: recreation@meridiancity.org
Website: meridiancity.org/parks

Hours: Monday—Friday, 8:00 am—5:00 pm

For facility issues after hours, call (208) 409-6666

CHRISTMAS IN MERIDIAN

Growing Traditions



Winter Lights Parade & Tree Lighting

Friday, December 1

6:30 - 8:30 PM

Downtown Meridian

Children's Winterland Festival

Saturday, December 9

10:00 AM - 2:00 PM

Boys and Girls Club

More events...

meridiancity.org/christmasinmeridian

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Watch for useful community event information throughout the guide!

Our Activity Guides are published online three times a year — typically in April, August and December.

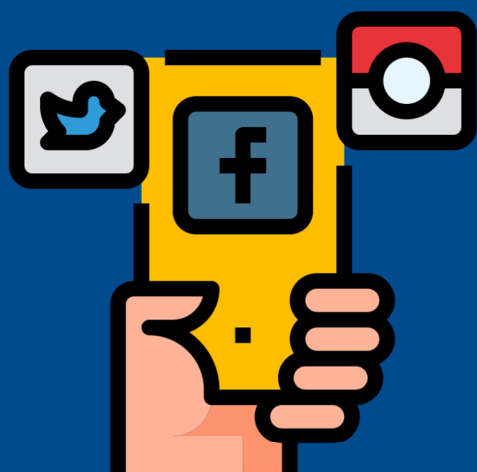


Santa's Mailbox will magically appear outside Meridian City Hall along E. Broadway Avenue beginning the day before Thanksgiving.

Letters to Santa placed inside (no return postage needed) by December 18th with a legible return address will receive a festive reply in the mail from Santa!

Please note this program is for individuals and families only; large batches of letters from classrooms or clubs, etc., cannot be accommodated by our volunteer elves.

the fastest way TO STAY CONNECTED



Facebook:

City of Meridian
Meridian Parks and Recreation
Storey Bark Park
Meridian Arts Commission
Meridian History
Lakeview Golf Club

Instagram & X:

@MeridianIdaho
@DiscoveryBikeandSkatepark

LinkedIn, YouTube & NextDoor:

City of Meridian

A Few of Our Favorite Hashtags: #MyMeridian #MeridianIdaho #MeridianParks #MeridianArts #MeridianDowntown #PictureMeridian #HelloMeridian #MeridianLife #MeridianKind #IdaHome #IdahoLiving #MeridianHistory

Mayor of Meridian

Robert Simison

Meridian City Council

Brad Hoaglund, President
Joe Borton, Vice President
Luke Cavener
John Overton *
Jessica Perreault
Liz Strader

**City Council Liaison to Parks and Recreation Dept.*

Meridian Parks and Recreation Commission

Generally meets the 2nd Wednesday of each month at 5:30 pm at Meridian City Hall. Watch at: [youtube.com/cityofmeridian](https://www.youtube.com/cityofmeridian).

Keith Bevan—President
Mandi Roberts—Vice President
Jo Greer
Jennifer Bobo
Terry Dennington
Dom Gelsomino
Alan Helms
Elle Hood (Youth)
John Nesmith



Parks and Pathways Project Manager:

Kim Warren

Parks Maintenance Manager:

Roger Norberg

Year-Round Parks Maintenance Staff:

John Aceves, Jeremy Aldrich, Dave Cereghino, James Christensen, Joey Cordova, Kevin Gallivan, Phil Harris, Codi Heaton, Joe Hoover, Frank Keeney, Wade Maisey, John Meuser, Debbie Miller, Will Rodgers, Rex Rutherford, Dakota Timmons, Dan White

City Arborist:

Kyle Yorita

Arts & Culture Coordinator:

Cassandra Schiffler

Marketing Coordinator:

Shelly Houston

Volunteer Coordinator:

Jaime Del Barrio

Lakeview Golf Club General Manager:

Ryan Roberts, PGA

Meridian Pool Aquatics Coordinator:

Willow Spurlock

Meridian Homecourt Facility Manager:

Jake Garro

Meridian Homecourt Site Supervisors:

Ross Cipriano
Ilhui Lozada-Cortes
Renee McFarlane

Sports League Site Supervisor:

Todd Vanderhoff

Parks and Recreation Staff

Director:

Steve Siddoway

Administrative Assistants:

Kaela Hopkins
Tonya King
Rachel Myers

Recreation Manager:

Garrett White

Recreation Coordinators:

Skyler Cook (Sports & External Events)
Maggie Combs (Sports)
Jenna Fletcher (Classes & Camps)
Renee White (Special Events)

Parks Superintendent:

Mike Barton

Message from the Director



Steve Siddoway
Director
Meridian Parks and
Recreation

Meridian residents are buzzing with excitement about the recent expansion of south Meridian's Discovery Park which opened in late October. This regional park — now the largest in Meridian's parks system at 64 acres in size — offers an impressively diverse and action-packed array of amenities.

South Meridian is a dynamic and evolving part of our city, so we're especially pleased to bring these new recreational activities to Discovery Park in South Meridian.

The park's new "Active Recreation Area" includes six new pickleball courts and two tennis courts dual-striped for both tennis and pickleball; basketball courts; bocce ball courts; and a 40-yard dash challenge course.

A new "Teen Area" features a skatepark, pump track, and BMX-style bike park. It also includes a sand volleyball court, hammock poles, and a shade shelter with Wi-Fi.

Three new softball fields (two illuminated) join the existing two softball fields to bring Discovery Park's total number of ball fields to five.

The park addition also includes new picnic shelters, a restroom/concession building, paved walking paths, more than 500 additional parking spaces, and room for a future community garden.

I think citizens from across Meridian will be drawn to and enjoy Discovery Park's unique mix of amenities. It was specifically designed to enrich the recreational experiences of individuals and families and to encourage visitors to explore the park, foster connections, and engage in fun and enjoyable outdoor activities for people of all ages.

Discovery Park is located at 2121 E. Lake Hazel Road, between Eagle and Locust Grove Roads. Take a look at see what you think!

Find the Fun! Program Locations



Bear Creek Park – 2400 S. Stoddard Rd.
Cole Valley Christian School – 200 E. Carlton Ave.
Discovery Park – 2121 E. Lake Hazel Rd.
Heritage Middle School Practice Gym – 4990 N. Meridian Rd.
Meridian Boys & Girls Club – 911 N .Meridian Rd.
Meridian Community Center – 201 E. Idaho Ave.
Meridian Homecourt – 936 Taylor Ave.
Meridian Middle School Wes Lowe Gym – 1507 West 8th St.
Meridian Pool – 213 E. Franklin Rd.
Motions Gym—1500 N. Locust Grove, Suite 100
Ponderosa Elementary—2950 N. Naomi Ave.
Settlers Park– 3245 N. Meridian Rd.
Siena Elementary – 2870 E. Rome Dr.
Storey Park – 205 E. Franklin Rd.
Tully Park – 2500 N. Linder Rd.
Victory Middle School – 920 Kodiak Dr.
Willow Creek Elementary – 6195 N. Long Lake Way

*Every child in our community
deserves a chance to be active
and play!*

Financial Assistance Now Available

for Youth Classes,
Camps and Activities

Learn more about

*Meridian Parks and Recreation's
Care Enough to Share
youth financial assistance program:*

www.meridiancity.org/share



Through the Meridian Parks and Recreation Department's **Care Enough to Share** Program, financial assistance with registration fees may be available for children from qualifying families who are interested in participating in the classes, camps and activities offered through the department's seasonal *Activity Guide*.

Qualifying families residing within the City of Meridian can receive assistance for up to 80% of an activity fee or membership, for a maximum of \$250.00 per year/ per child (up to 18 years of age).

To be eligible, families must reside at an address within the Meridian city limits AND be receiving assistance through a program such as:

- Free or Reduced School Lunch
- Food Stamps
- Medicaid
- Energy Assistance

Documentation that the applicant is participating in an approved assistance program is required and must be provided with the application.

A parent/guardian can apply early to pre-qualify for funds for upcoming activities. A completed Care Enough to Share application form must be submitted at least two weeks prior to the desired activity or membership's start date or two weeks prior to the release of the next seasonal *Activity Guide*, whichever occurs first, in order to receive financial assistance. Parents/Guardians will need to fill out the residency information, and what type of assistance they are currently receiving, and, if known, which class, camp, activity or membership they would like to enroll their child in.

The Care Enough to Share application form can be completed online and submitted electronically at: www.meridiancity.org/share.

The Meridian Parks and Recreation Department's seasonal *Activity Guide* describes all classes, camps, and activities currently being offered. The *Activity Guide* can always be accessed online at: www.meridiancity.org/activityguide. New issues of the *Activity Guide* typically come out each April, August, and December.

If you have any further questions, please call the Meridian Parks and Recreation office at (208) 888-3579 or visit us on the second floor of Meridian City Hall at 33 E. Broadway Avenue in downtown Meridian during regular business hours (Monday—Friday, 8:00 am—5:00 pm). You may also contact us via e-mail at: recreation@meridiancity.org.

How to Register

NOTE: Registration for Winter/Spring programs opens on Friday, November 17, 2023.



Online

Go to **www.meridiancity.org/activityguide** and click the link to our online registration system. From there you can register and make payment via your credit or debit card.



By Phone

Call us during regular business hours (Monday—Friday, 8:00 am—5:00 pm, excluding major holidays) at **208-888-3579**. Please be prepared to provide us with a credit card number at the time you make your activity registration. Pre-payment is required.



In Person

Visit our administrative office on the second floor of Meridian City Hall at 33 E. Broadway Avenue during regular business hours to register and pay for activities in person. We accept most credit cards, cash, or checks payable to: City of Meridian.

Payment

Pre-payment is required at the time all activity registrations or reservations are made. We accept VISA, MasterCard, Discover, cash, and checks payable to: City of Meridian.

Don't Delay — Register Today!

Class and trip minimums must be met three working days before the activity start date. Don't let a great activity be cancelled by waiting until the last minute to register; please register early!

Liability Release Waiver

Registering for any of our programs implies you have read, understood and agree to the following:

The City of Meridian reserves the right to cancel classes when minimum enrollment has not been met. Should this occur, a full refund or credit towards another session will be issued.

The City of Meridian reserves the right to adjust all program times, dates, and locations if necessary.

Refunds must be requested at least **two full working days prior to the activity start date**. All refunds are subject to a \$5.00 service charge.

NOTICE OF WAIVER: Your participation in (or your child's participation in) recreational activities offered by the City of Meridian is subject to your consent to these conditions. Your acceptance of these conditions means that you cannot later bring a claim against the City, its agents, and/or its employees.

1. You acknowledge that participation in recreational activities offered by the City presents risks, some of which are unknown, and agree to assume all risks associated with your or your child's participation.
2. You release and forever discharge the City, its agents, and employees from all real or possible claims for damages or other harm to person or property not attributable to the tortious conduct of the City's agents or employees, regardless of the manner by which such claim may be brought.
3. You consent and authorize first aid, emergency medical care, and/or hospitalization for treatment of injuries or illness that you sustain or your child sustains while or as a result of participating in this activity/activities, in the event that you are not available to provide or obtain such care for yourself/your child.
4. You understand that you are solely responsible for any and all expenses that are incurred as a result of any accident or illness incurred while or as a result of participating in activities offered by the City.
5. You consent to the publication and/or use of any photograph or recordings of you/your child by the City of Meridian for promotional purposes.



holiday light

RECYCLING

NOVEMBER 28 - JANUARY 14

Recycle your unwanted holiday lights. String lights and electronics cannot be placed in your recycling cart, but can be recycled at the following locations:

Meridian Transfer Station:

Holiday String Lights (remove batteries)
Electrical Cords
Plastic Rope Lights

Household Hazardous Waste Site:

Battery Packs
Rechargeable Batteries
CFL Light Bulbs

2130 West Franklin Rd., Meridian | 208-345-1265 | meridiancity.org/light-recycling



CHRISTMAS TREE RECYCLING

January 2nd to January 6th

Meridian residents can recycle real Christmas trees for free.
Please place trees out at the curb during your regular trash day.



For more information, visit meridiancity.org/tree-recycling
or call Republic Services at 208-345-1265.



Youth & Teen Activities

SoccerTots

Instructor: Skyhawks Coaches

Location: Meridian Homecourt

Min/Max: 6/16

Ease your kiddo into soccer with these fun social classes. These classes have a theme each week and use a creative, age-appropriate curriculum. Each class will touch on a life skill used inside and outside of soccer. Once your kiddo has completed a SoccerTots program they will have grown an interest in the sport, built confidence, and had tons of fun!

CUBS Ages: 2—3.5 (Parent Participation required)

Jan 20—Feb 10 | Sat | 10:45—11:30 am | \$69

Feb 17—Mar 16 | Sat | 10:45—11:30 am | \$79

Mar 30—Apr 20 | Sat | 10:45—11:30 am | \$69

Apr 27—May 25 | Sat | 10:45—11:30 am | \$79

BEARS Ages: 3.5—4.5

Jan 20—Feb 10 | Sat | 11:45—12:30 pm | \$69

Feb 17—Mar 16 | Sat | 11:45—12:30 pm | \$79

Mar 30—Apr 20 | Sat | 11:45—12:30 pm | \$69

Apr 27—May 25 | Sat | 11:45—12:30 pm | \$79

GRIZZLIES Ages: 4.5—5.5

Jan 20—Feb 10 | Sat | 12:45—1:30 pm | \$69

Feb 17—Mar 16 | Sat | 12:45—1:30 pm | \$79

Mar 30—Apr 20 | Sat | 12:45—1:30 pm | \$69

Apr 27—May 25 | Sat | 12:45—1:30 pm | \$79

Skyhawks Soccer

Instructor: Skyhawks Coaches

Location: Gordon Harris Park

Min/Max: 8/20

Your young athlete will gain the technical skills and knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved many skills.

Ages: 6—9

Mar 4—Apr 8* | Mon | 4:40—5:30 pm | \$79

**no class Mar 18*

Apr 15—May 13 | Mon | 5:00—5:50 pm | \$79

Apr 20—May 18 | Sat | 11:00—11:50 am | \$79

Ages: 10—13

Mar 4—Apr 8* | Mon | 5:40—6:30 pm | \$79

**no class Mar 18*

Apr 15—May 13 | Mon | 6:00—6:50 pm | \$79

Apr 20—May 18 | Sat | 12:00—12:50 pm | \$79

Skyhawks Flag Football

Instructor: Skyhawks Coaches

Location: Gordon Harris Park

Min/Max: 8/20

Experience the excitement of football with Skyhawks Flag Football fueled by USA Football. Coaches teach skills like passing, receiving, kicking and flag pulling while offering confidence and life lessons in a fun and positive environment. All equipment provided. Cleats not required, but allowed.

Ages: 6—9

Mar 8—Apr 12 | Fri | 5:00—5:50 pm | \$79

Apr 19—May 17 | Fri | 5:00—5:50 pm | \$79

Ages: 10—13

Mar 8—Apr 12 | Fri | 6:00—6:50 pm | \$79

Apr 19—May 17 | Fri | 6:00—6:50 pm | \$79

Skyhawks Baseball

Ages: 6—12

Instructor: Skyhawks Coaches

Location: Gordon Harris Park

Min/Max: 8/20

Learn the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

Apr 4—25 | Thur | 6:00—6:50 pm | \$89

May 2—23 | Thur | 6:00—6:50 pm | \$89

Skyhawks Volleyball

Instructor: Skyhawks Coaches

Location: Gordon Harris Park

Min/Max: 8/20

Skyhawks Volleyball takes the excitement of this great team sport and puts it into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginner and intermediate player and emphasizes leadership and teamwork.

Ages: 6—9

Apr 11—May 16 | Thur | 5:00—5:50 pm | \$79

Ages: 10—13

Apr 11—May 16 | Thur | 6:00—6:50 pm | \$79

Youth & Teen Activities

BaseballTots

Instructor: Skyhawks Coaches

Location: Meridian Homecourt

Min/Max: 6/18

In our BaseballTots classes, we're all about meeting each child at their unique level while having an absolute blast learning baseball fundamentals! No need for baseball gloves here (optional). Our program places a strong emphasis on developing the whole athlete; from motor skills to baseball fundamentals, and being a coachable player. With throwing and catching to hitting and running, we cover all the baseball "bases". Our coaches are dedicated to creating a fun and engaging environment where kids not only learn but also develop a genuine love for the game. Join us for a home run of a time that's both educational and fun!

Ages: 3.5–4.5

Jan 18–Feb 8 | Thur | 4:30–5:15 pm | \$69
Feb 15–Mar 14 | Thur | 4:30–5:15 pm | \$79
Mar 28–Apr 18 | Thur | 4:30–5:15 pm | \$69
Apr 25–May 23 | Thur | 4:30–5:15 pm | \$79

Ages: 4.5–5.5

Jan 18–Feb 8 | Thur | 5:30–6:15 pm | \$69
Feb 15–Mar 14 | Thur | 5:30–6:15 pm | \$79
Mar 28–Apr 18 | Thur | 5:30–6:15 pm | \$69
Apr 25–May 23 | Thur | 5:30–6:15 pm | \$79



SoccerTots

Instructor: Skyhawks Coaches

Location: Meridian Homecourt

Min/Max: 6/18

Ease your kiddo into soccer with these fun social classes where your kiddo can be just that; a kid! These classes have a theme each week and use a creative, age-appropriate curriculum. Each class we will touch on a life skill that we use inside and outside of soccer. Once your kiddo has completed a SoccerTots program they will have grown an interest in the sport, built confidence, and had tons of fun

BEARS Ages: 3.5–4.5

Jan 16–Feb 6 | Tue | 4:00–4:45 pm | \$69
Feb 13–Mar 12 | Tue | 4:00–4:45 pm | \$79
Mar 26–Apr 16 | Tue | 4:00–4:45 pm | \$69
Apr 23–May 21 | Tue | 4:00–4:45 pm | \$79

GRIZZLIES Ages: 4.5–5.5

Jan 16–Feb 6 | Tue | 5:00–5:45 pm | \$69
Feb 13–Mar 12 | Tue | 5:00–5:45 pm | \$79
Mar 26–Apr 16 | Tue | 5:00–5:45 pm | \$69
Apr 23–May 21 | Tue | 5:00–5:45 pm | \$79

HoopsterTots

Instructor: Skyhawks Coaches

Location: Meridian Homecourt

Min/Max: 6/18

At our HoopsterTots classes, our coaches take pride in meeting your little ones exactly where they are. Our goal is to pave a path for success in both sports and life. We understand that every toddler is unique and that's why we create an environment that's patient and accommodating. We focus on teaching the essentials like dribbling, shot technique, passing, and teamwork while ensuring that your child feels comfortable and confident. Our carefully selected equipment, including adjustable hoops and appropriately-sized basketballs, allows us to provide the perfect challenge for each toddler.

Ages: 3.5–4.5

Jan 19–Feb 9 | Fri | 4:00–4:45 pm | \$69
Feb 16–Mar 15 | Fri | 4:00–4:45 pm | \$79
Mar 29–Apr 19 | Fri | 4:00–4:45 pm | \$69
Apr 26–May 24 | Fri | 4:00–4:45 pm | \$79

Ages: 4.5–5.5

Jan 19–Feb 9 | Fri | 5:00–5:45 pm | \$69
Feb 16–Mar 15 | Fri | 5:00–5:45 pm | \$79
Mar 29–Apr 19 | Fri | 5:00–5:45 pm | \$69
Apr 26–May 24 | Fri | 5:00–5:45 pm | \$79

Youth & Teen Activities



Skyhawks Basketball

Instructor: Skyhawks Coaches

Location: Heroes Park

Min/Max: 8/20

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. Your kiddo will build confidence in this low-pressure environment with great mentors as coaches.

Ages: 7—9

Apr 17—May 22 | Wed | 5:00—5:50 pm | \$89

Ages: 10—12

Apr 17—May 22 | Wed | 6:00—6:50 pm | \$89

Starting New at Golf (SNAG)

Ages: 5—11

Instructor: Lakeview Golf Pros

Location: Ponderosa Elementary

Min/Max: 6/12

Starting New At Golf (SNAG) is a fun way to teach and build fundamental golf skills. SNAG uses a simplified learning system so that anyone can learn, play and teach. SNAG is portable and can be used anywhere. It is the best first touch program to effectively teach the game of golf to people of all ages and ability levels. It offers the versatility to learn and play in almost any environment.

Jan 9—Feb 1* | Tue/Thur | 4:30—5:30 pm | \$60

**No class Jan 23 & Jan 25*

Feb 6—22 | Tue/Thur | 4:30—5:30 pm | \$60

PLEASE... NO CRACKERS FOR THE QUACKERS

We know they're cute and fuzzy,
but please refrain from feeding the
ducks, geese, and other wildlife
in our city parks.



MERIDIAN
IDAHO

Youth & Teen Activities

Dazzle & Dance Camps

Ages: 4–6

Instructor: Janese B.

Location: Motions Gym

Min/Max: 4/10

These Saturday camps are perfect for little dancers looking for a fun activity without the commitment of a year-long program! Each camp has a new theme with different dances, songs and activities to guide the students on an exciting journey of exploring the creative world of dance! Dancers will be introduced to beginning ballet, jazz, creative movement, and tumbling! Please wear dance attire or athletic clothing (form fitting and stretchable).

Winter Princess:

Saturday, January 27, 10:00–11:00 am, \$15

Valentine's Day:

Saturday, February 17, 10:00–11:00 am, \$15

St. Patrick's Day:

Saturday, March 16, 10:00–11:00 am, \$15

Fairies and Flowers:

Saturday, April 20, 10:00–11:00 am, \$15

Tumbling Skills Camps

Ages: 5–17

Instructor: Janese B.

Location: Motions Gym

Min/Max: 4/10

These Saturday skills camps are open to all beginning tumblers who want to learn their cartwheels and backbends. Our experienced staff will work with each student on drills that will help the students accomplish their goals of learning these skills. Classes are structured to stimulate coordination, balance, strength, basic tumbling skills and creative movement all while learning how to be in an athletic class setting. Please wear gymnastics or athletic clothing (form fitting and stretchable).

Beginning Cartwheels:

Saturday, January 27, 11:15–11:45 am, \$15

Beginning Backbends:

Saturday, January 27, 11:50 am–12:20 pm, \$15

Beginning Cartwheels:

Saturday, March 16, 11:15–11:45 am, \$15

Beginning Backbends:

Saturday, March 16, 11:50 am –12:20pm, \$15

Kendo – Introduction to Japanese Fencing

Ages: 10 & older

Instructor: Robert Stroud

Location: Meridian Homecourt

Min/Max: 4/35

Kendo is an exciting sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focuses on learning basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Students should wear loose fitting workout clothing. Each student will receive a shinai (bamboo practice sword).

Beginners

Jan 8–Feb 15 | Mon/Thur | 6:30–7:30 pm | \$70

Apr 1–May 16 | Mon/Thur | 6:30–7:30 pm | \$70

Advanced

** Students must have completed beginning Kendo class, or have instructor's permission*

** Sunday class time: 8:30 – 10:00 a.m.*

Jan 4–Feb 29 | Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

Mar 3–Apr 29 | Sun/Mon/Wed/Thur | 6:30 –8:30 pm | \$70

May 1–30 | Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$35

Youth & Teen Activities

Introduction to the Sport of Fencing

Ages: 7–14

Instructor: Sill Lyra

Location: Meridian Homecourt

Min/Max: 5/10

Learn the first steps and basic movements of the unique sport of fencing. Coach Sill Lyra, an Olympic Coach at the 2004 Olympics in the Modern Pentathlon, will teach kids an introduction to the sport, the principles, movement and strategy. Fencing improves hand-eye coordination, concentration, physical fitness, confidence, self-esteem and self-respect. Children of all abilities will enjoy exploring this lifelong sport in a safe and positive environment where all levels of accomplishments are encouraged and recognized.

Jan 8–31 | Mon/Wed | 4:30–5:30 pm | \$120

Feb 5–28 | Mon/Wed | 4:30–5:30 pm | \$120

Mar 4–27 | Mon/Wed | 4:30–5:30 pm | \$120

Apr 1–24 | Mon/Wed | 4:30–5:30 pm | \$120

May 6–29 | Mon/Wed | 4:30–5:30 pm | \$120

Amazing Athletes

Ages: 3–6

Instructor: Amazing Athletes

Location: Meridian Homecourt

Min/Max: 6/12

Do you have a child with energy to spare and a love of movement? If so, this 5-week program is for you! In our fun and action-packed class, we teach the fundamentals of 10 sports and introduce nutrition and major muscle groups to provide a well-rounded fitness experience. We explore football, volleyball, soccer, basketball, lacrosse, golf, hockey, tennis, baseball and track and field in order to give children a broader understanding of sports. Our unique and non-competitive program is the perfect place for your child to begin developing a love for sports and finding what he or she enjoys most.

Jan 10–Feb 7 | Wed | 11:45 am–12:30 pm | \$78

Feb 14–Mar 13 | Wed | 11:45 am–12:30 pm | \$78

Mar 27–Apr 24 | Wed | 11:45 am–12:30 pm | \$78

May 1–29 | Wed | 11:45 am–12:30 pm | \$78



Growing Traditions
Volunteer Opportunities

Winter Lights Parade & Tree Lighting
Friday, December 1
6 - 9 PM
Downtown Meridian

Children's Winterland Festival
Saturday, December 9
8 AM - 5 PM - 3 different shifts
Boys and Girls Club

Christmas in MERIDIAN

To sign up, contact the Volunteer Coordinator at jdelbarrio@meridiacity.org or 208-489-0562 or visit www.meridiacity.org/volunteer

Youth & Teen Activities



Martial Arts for All Ages - Beginning

Ages: 6+

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do's Beginner Class teaches a traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity. Wear loose, modest clothing.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week.

**Please note that this class can be intense at times due to the nature of the activity and requires a relatively high level of focus and self-discipline.*

**Additional fees for testing & uniform paid to instructor*

Jan 2-30 | Tue/Fri | 6:00-7:00 pm | \$45
 Feb 2-28 | Tue/Fri | 6:00-7:00 pm | \$45
 Mar 1-29 | Tue/Fri | 6:00-7:00 pm | \$45
 Apr 2-30 | Tue/Fri | 6:00-7:00 pm | \$45
 May 3-31 | Tue/ Fri | 6:00-7:00 pm | \$45

Martial Arts for All Ages - Intermediate/Advanced

Ages: 6+

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Advanced Class builds on the beginning class to extend the student's knowledge of traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes advanced techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity. Wear loose, modest clothing.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week.

**Please note that this class can be intense at times due to the nature of the activity and requires a relatively high level of focus and self-discipline.*

**Additional fees for testing & uniform paid to instructor*

**Advanced classes by Family Tang Soo Do are for continuing students ranking 3rd gup, or higher.*

Prerequisite: students must have taken beginning classes and/or receive permission from the instructor.

Jan 2-30 | Tue/Fri | 6:00-7:00 pm | \$45
 Feb 2-28 | Tue/Fri | 6:00-7:00 pm | \$45
 Mar 1-29 | Tue/Fri | 6:00-7:00 pm | \$45
 Apr 2-30 | Tue/Fri | 6:00-7:00 pm | \$45
 May 3-31 | Tue/Fri | 6:00-7:00 pm | \$45


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Youth & Teen Activities

Arrg! Pirates Spring Break Camp: Art & Culinary

Ages: 5–11

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/15

Students will learn a variety of art techniques and create take-home projects including pottery and painting. Students will also create a culinary treat and taste their creation. **Recipes may include dairy, grain, eggs, meat, nuts, and spices.** All supplies included.

**20% sibling discount is available for families of 2 or more students.*

Mar 18–20 | Mon–Wed | 12:00–2:00 pm | \$75



Culinary for Kids

Ages: 7–11

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/15

Students will learn basic cooking techniques including how to use kitchen tools, read a recipe, and keep their area clean. Students will sample their culinary creations during class.

Recipes may include dairy, grain, eggs, meat, nuts, and spices. All supplies included.

**20% sibling discount is available for families of 2 or more students.*

Did Someone Say Pasta?

Jan 8–29 | Mon | 4:30–5:30 pm | \$80

Tasty Brunch

Feb 5 – Feb 26 | Mon | 4:30–5:30 pm | \$80

Comfort Foods

Mar 4 – Apr 1* | Mon | 4:30–5:30 pm | \$80

**No class Mar 18*

International Food

Apr 8–29 | Mon | 4:30–5:30 pm | \$80

Culinary Basics

May 13–20 | Mon | 4:30–5:30 pm | \$40

Culinary for Teens

Ages: 12–17**

Instructor: Ms. Mandee

Location: Meridian Pool

Min/Max: 5/8

Students will create a main dish at their own station and learn how to use different ingredients and kitchen tools, clean their work space and adjust recipes. **Recipes may include dairy, grain, eggs, meat, nuts, and spices.** All supplies included.

** 20% sibling discount is available for families of 2 or more students. * Prerequisite: **10–11 year olds welcome if they have taken Culinary for Kids.*

Did Someone Say Pasta?

Jan 11–Feb 1 | Thur | 4:30–5:30 pm | \$100

Tasty Brunch

Feb 8–29 | Thur | 4:30–5:30 pm | \$100

Comfort Foods

Mar 7–Apr 4* | Thur | 4:30–5:30 pm | \$100

**no class Mar 21*

International Food

Apr 11–May 2 | Thur | 4:30–5:30 pm | \$100

Culinary Basics

May 16–30 | Thur | 4:30–5:30 pm | \$75

Culture Snapshot: Art & Culinary

Ages: 8–15

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/15

Students will explore cultures around the world through their art and history and will create a dish from one of these cultures. Projects may include pottery, painting and mosaics. **Recipes may include dairy, grain, eggs, nuts, meat and spices.** All supplies included.

Amazing Builders

Jan 10–31 | Wed | 4:30–5:30 pm | \$65

Desert Dwellers

Feb 7–28 | Wed | 4:30–5:30 pm | \$65

Island Dwellers

Mar 6–Apr 3* | Wed | 4:30–5:30 pm | \$65

**no class Mar 20*

Ancient Super Powers

Apr 10–May 1 | Wed | 4:30–5:30 pm | \$65

Colorful World

May 15–29 | Wed | 4:30–5:30 pm | \$48.75



LAKEVIEW GOLF CLUB JUNIOR GOLF PROGRAMS



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or call 208-888-4080



Youth & Teen Activities

Bigfoot's Cartooning, Anime, and Comics

Ages: 6–16

Instructor: Tony Moramarco

Location: Meridian Community Center

Min/Max: 8/24

Bigfoot teaches fun art projects for kids, tweens, and teens who love cartoons, comics, and anime.

Jan 20 | Sat | 10:00–11:30 am | \$18

Jan 27 | Sat | 10:00–11:30 am | \$18

Feb 17 | Sat | 10:00–11:30 am | \$18

Feb 24 | Sat | 10:00–11:30 am | \$18

Mar 23 | Sat | 10:00–11:30 am | \$18

Mar 30 | Sat | 10:00–11:30 am | \$18

Apr 6 | Sat | 10:00–11:30 am | \$18

May 4 | Sat | 10:00–11:30 am | \$18

May 25 | Sat | 10:00–11:30 am | \$18

Creativity for Early Learners

Ages: 2–5 (*parent must also participate*)

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 3/10

In this parent–child preschool class, students will learn about the world around them through hands on science and art activities.

Scientific Method

Jan 9–30 | Tue | 10:00–10:30 am | \$30

Weird Animals

Feb 6–27 | Tue | 10:00–10:30 am | \$30

Amazing Adaptations

Mar 5–Apr 2* | Tue | 10:00–10:30 am | \$30

**no class Mar 19*

Water World

Apr 9–30 | Tue | 10:00–10:30 am | \$30

Creep Crawlly Bugs

May 14–28 | Tue | 10:00–10:30 am | \$22.50



Intro to Art for Kids — Paint & Pottery

Ages: 5–12

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 3/15

In this fun and interactive class, students will experience a variety of art materials, learn art techniques, all while creating unique art pieces they can take home. All materials are included. We will be using air dry clay for our pottery pieces, and they are for display only.

Winter Animals

Jan 9–30 | Tue | 4:15–5:15 pm | \$60

Sloths

Feb 6–27 | Tue | 4:15–5:15 pm | \$60

African Animals

Mar 5–Apr 2* | Tue | 4:15–5:15 pm | \$60

**no class Mar 19*

Ocean Creatures

Apr 9–30 | Tue | 4:15–5:15 pm | \$60

Reptiles

May 14–28 | Tue | 4:15–5:15 pm | \$45



Find up-to-date news and weather-related closure information at Discovery Park's new bike park, pump track and skatepark by following the new Instagram page:



@DiscoveryBikeAndSkatepark

Youth & Teen Activities

Watercolor

Ages: 10 +

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 3/15

In this watercolor class, students will learn watercolor techniques, color mixing and gradation. Instructor will teach step-by-step with one on one instruction as needed. All materials are included.

Winter Scene

Jan 10–31 | Wed | 6:00–7:00 pm | \$65

Leaf with Water Droplet

Feb 7–28 | Wed | 6:00–7:00 pm | \$65

Flowers

Mar 6–27 | Wed | 6:00–7:00 pm | \$65

Octopus

Apr 3–24 | Wed | 6:00–7:00 pm | \$65

Great Wall Landscape

May 1–29* | Wed | 6:00–7:00 pm | \$65

*no class May 8

UnderCurrent:

Friday Night Out for Kids

Ages: 5–11

Instructor: Little Pallets

Location: Meridian Community Center

Min/Max: 5/15

Night out for parents, night in for kids! UnderCurrent is a fun, interactive night for kids filled with art, science, games, and a community of friends. All supplies are included. Students are welcome to bring snacks.

Space

Feb 16 | Fri | 6:00–8:00 pm | \$30

Dinosaurs

Mar 15 | Fri | 6:00–8:00 pm | \$30

Weird Creatures

Apr 19 | Fri | 6:00–8:00 pm | \$30

Arrg! Pirates

May 17 | Fri | 6:00–8:00 pm | \$30

Do-It-Together Art Workshops

Ages: 3+

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 5/15

In this do-it-together class, students with their adult counterpart(s) will have fun creating take home projects. Each month we will focus on a different form of art, learning basic techniques, how to use materials and how to clean up our learning space. All materials are included. Price is per person.

* Adult must accompany children 9 and under.

Watercolor Polar Bear with Scarf

Jan 6 | Sat | 10:00 am–12:00 pm | \$25

Clay Succulents

Feb 3 | Sat | 10:00 am–12:00 pm | \$25

Acrylic on Canvas: Hippo

Mar 2 | Sat | 10:00 am–12:00 pm | \$25

Watercolor Dragon

Apr 6 | Sat | 10:00 am–12:00 pm | \$25

Clay Turtles

May 4 | Sat | 10:00 am–12:00 pm | \$25



Kleiner Park Memorial Plaza

Create a lasting legacy for someone special...



Pay tribute to someone you love or admire by purchasing an engraved granite paver in his or her honor at the Kleiner Park Memorial Plaza. The plaza is located just west of the Meridian Senior Center near the Rock of Honor Veterans Memorial.

Standard pavers (4"x8") cost \$150; Large pavers (8"x8") cost \$250.

Learn more by contacting Meridian Parks and Recreation by telephone at 208-888-3579 or via e-mail at recreation@meridiancity.org.

Saturday Art Workshops

Ages: 8+

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 3/15

In these creative workshops participants will explore a variety of art techniques, tools and materials to create their own unique piece of art. All materials are provided.

** Students 9 and under must be accompanied by an adult.*

Watercolor Waterscape (India Ink)

Jan 20 | Sat | 10:00 am–12:00 pm | \$50

Painting on Tile – Fish

Feb 17 | Sat | 10:00 am–12:00 pm | \$50

Acrylic on Canvas – Flowers

Mar 16 | Sat | 10:00 am–12:00 pm | \$50

Stump with Mushrooms in Clay

Apr 20 | Sat | 10:00 am–12:00 pm | \$50

Wood Burning – Tree

May 18 | Sat | 10:00 am–12:00 pm | \$50

Kiln Fired Pottery

Ages: 8+

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/15

In this pottery hybrid class, students will learn a variety of pottery techniques and try out pottery tools. We will be using kiln fired clay which will make it safe for outside display and food safe. Cost includes all materials including kiln firing and glazing.

**8–10 year olds must be accompanied by an adult.*

Clay Carving (Sgraffito)

Jan 6 & Jan 27 | Sat | 1:00–4:00 pm | \$80

Jewelry Dishes

Feb 3 & Feb 24 | Sat | 1:00–4:00 pm | \$80

Vase

Mar 2 & Mar 30 | Sat | 1:00–4:00 pm | \$80

Plates & Platters

Apr 6 & Apr 27 | Sat | 1:00–4:00 pm | \$80

Cup with Decorative Transfer

May 4 & Jun 1 | Sat | 1:00–4:00 pm | \$80

CHRISTMAS IN MERIDIAN

Children's Winterland Festival



Growing
Traditions

Saturday, December 9

10:00 AM - 2:00 PM

Boys and Girls Club



More events... meridiancity.org/christmasinmeridian



Youth & Teen Activities

Amazing Mixed Media Creations!

Ages: 7–11

Instructor: Laura LeMaster of “The Art is Life Project”

Location: Meridian Community Center

Min/Max: 3/12

Mixed Media is an exciting method of art-making which uses multiple different mediums *together*... it's where anything goes and creativity is king! This week, young artists will have fun creating a wide variety of projects, using various materials: paper, ink, paint, colored pencil, book pages, 3D embellishments, wire & more! No experience needed...really!

** Note to Parents: We get messy! Please have your child dress accordingly.*

Mar 20 & 22 | Wed/Fri | 10:00am–12:00 pm | \$50

Tons of Fun with Paint! Workshop

Ages: 7–11

Instructor: Laura LeMaster of “The Art is Life Project”

Location: Meridian Community Center

Min/Max: 3/12

Have “Tons of Fun” creating a book of your very own paintings! We'll explore various exciting ways to paint using watercolor, food color, acrylic...and even bubbles! All materials included.

** Note to Parents: we get messy! Please have your child dress accordingly.*

Mar 20 | Wed | 2:00–4:00 pm | \$25

“Who I Am” Mixed Media TEEN Workshop

Ages: 12–18

Instructor: Laura LeMaster of “The Art is Life Project”

Location: Meridian Community Center

Min/Max: 3/10

The teen years are about figuring out who we are and exploring what we want to do with our lives. This workshop will help students recognize their strengths and use their creativity to create a beautiful mixed media piece that reflects the qualities we like about ourselves or want to cultivate. Hung at home, this piece of art will be a visual encouragement to continue to “grow” in our strength and to let our inner artist out to play!

Mar 22 | Fri | 3:00–5:00 pm | \$25



ZENTANGLE – Animal Drawing Workshop

Ages: 8–17

Instructor: Laura LeMaster of “The Art is Life Project”

Location: Meridian Community Center

Min/Max: 3/10

Zentangle is a style of drawing that uses simple, repeated patterns to create designs that look complicated! It improves concentration & fine motor skills while being really FUN! We'll use this method to create a beautiful animal drawing worthy of framing.

Mar 19 | Tue | 10:00am–12:00 pm | \$25

ZENTANGLE Workshop – Bookmarks

Ages: 8–17

Instructor: Laura LeMaster of “The Art is Life Project”

Location: Meridian Community Center

Min/Max: 3/10

Zentangle is a style of drawing that uses simple repeated patterns to create designs that look complicated! It improves concentration and fine motor skills while being really FUN! We'll use this method to create beautiful bookmarks to keep or give as gifts.

Mar 21 | Thur | 10:00am–12:00 pm | \$25



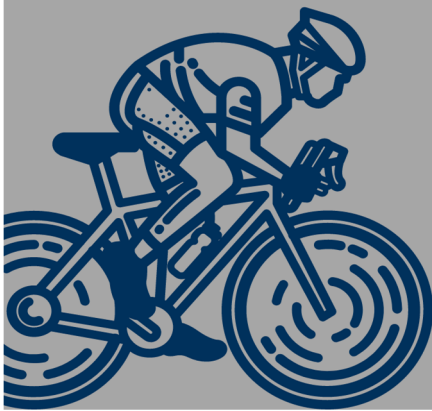
Hey, Cyclists

DON'T LET A FLAT TIRE RUIN YOUR RIDE!

Bicycle repair stations, complete with air pumps and repair tools, are located in several Meridian parks. These parks include:

Kleiner
Settlers
Bear Creek
Reta Huskey
Hillsdale
Heroes
Centennial
Fuller

Snap the QR code on the fix-it station with your smart phone to access useful repair instructions!



lakeview-golf.com



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Have you visited the LITTLE FREE LIBRARY

Located in
Meridian City Hall's
Outdoor Plaza

Take a Book
You'd Like to Read
Leave a Book
Others Might Enjoy!



Your donation of books in good condition is always appreciated!

Simply place them inside the Little Free Library any time or drop them at City Hall's front reception desk during regular weekday business hours.

Adult & Senior Activities

Yoga – All Levels

Ages: 16+

Instructor: S. Lind, J. Kunzman, M. Beffa, C. Monnard-Debourse,

Location: Meridian Community Center

Min/Max: 4/20

Designed for all levels of yoga experience. We allow time to learn the poses and offer modifications that adjust to meet your needs. This is a great way to start with yoga or to continue your practice. If you're looking for a yoga class that is both challenging and accessible, then this all-levels class is a great option for you. Bring your own yoga mat. Props such as blocks, blankets and straps will be available if you do not have your own.

Jan 8–Feb 19 | Mon | 7:00–8:00 pm | \$50

Jan 11–Feb 22 | Thur | 7:00–8:00 pm | \$50

Jan 13–Feb 24 | Sat | 8:00–9:00 am | \$50

Feb 26–Apr 8 | Mon | 7:00–8:00 pm | \$50

Feb 29–Apr 11 | Thu | 7:00–8:00 pm | \$50

Mar 2–Apr 13 | Sat | 8:00–9:00 am | \$50

Apr 15–May 27 | Mon | 7:00–8:00 pm | \$50

Apr 18 May 30 | Thur | 7:00–8:00 pm | \$50

Apr 20–Jun 1 | Sat | 8:00–9:00 am | \$50

Gentle Yoga

Ages: 16+

Instructor: S. Lind, M. Beffa, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

A gentle approach to classic Hatha Yoga with emphasis on breath and safely moving through poses. This class is designed to maintain and improve flexibility, agility, strength and balance. The instructor has special training and interest in healthy aging and sustainable movement practice. Bring your own yoga mat. Props such as blocks, blankets and straps will be available if you do not have your own.

Jan 8–Feb 19 | Mon | 12:30–1:30 pm | \$50

Jan 10–Feb 21 | Wed | 12:30–1:30 pm | \$50

Feb 26–Apr 8 | Mon | 12:30–1:30 pm | \$50

Feb 28–Apr 10 | Wed | 12:30–1:30 pm | \$50

Apr 15–May 27 | Mon | 12:30–1:30 pm | \$50

Apr 17–May 29 | Wed | 12:30–1:30 pm | \$50



Somatic Yoga & Gentle Stretch

Ages: 16+

Instructors: S. Lind, M. Beffa, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

Somatic Yoga uses slow, gentle exercises to relieve pain and improve your posture. A compassionate way to find release from stress and chronic tense muscles. The instructor has special training in Somatic Yoga with a focus on healthy functional movement and tension release. Please be comfortable getting up and down from the floor. Bring your own mat. Blocks, blankets and straps are available for your use if you do not have your own.

Jan 10–Feb 21 | Wed | 7:00–8:00 pm | \$50

Feb 28–Apr 10 | Wed | 7:00–8:00 pm | \$50

Apr 16–May 29 | Wed | 7:00–8:00 pm | \$50



Have you walked the **STORY TRAIL** in Kleiner Park?

A nostalgic story book unfolds as visitors take a leisurely stroll around the perimeter of Kleiner Park's south pond.

Start near the park's history kiosk and wind your way through the 16 numbered reading stations.

Adult & Senior Activities

Unlimited Yoga

Ages: 16+

Instructor: S. Lind, M. Beffa, J. Kunzman,
C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

This option is for participants who would like to practice yoga more than once a week. For one low rate, you may attend any or all of the classes listed on the previous page, during the dates of your desired session. Blocks, blankets and straps are available for your use if you do not have your own. Please bring your yoga mat.

** Excludes the Yin/Restorative/Guided Meditation and other special classes.*

Jan 7–Feb 24 | Mon/Wed/Thurs/Sat | See class times | \$70

Feb 25–Apr 13 | Mon/Wed/Thurs/Sat | See class times | \$70

Apr 14–Jun 1 | Mon/Wed/Thurs/Sat | See class times | \$70

Restorative/Yin Yoga with Special Features

Ages: 18+

Instructor: S. Lind, M. Beffa, J. Kunzman,
C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

Every month let us guide you on a deep relaxation journey. In these mini retreats, you'll get to explore some combination of yin and restorative yoga to encourage a sense of calm and stress relief. These classes end with features that could include a guided meditation, crystal bowl sound bath, or something equally as special. Accessible to people of all levels, including people with no yoga experience. Please bring your yoga mat, a blanket and a pillow. Props will be available if you do not have your own.

** This workshop is not included in the Yoga Unlimited option.*

Jan 21 | Sun | 3:00–4:30 pm | \$15

Feb 25 | Sun | 3:00–4:30 pm | \$15

Mar 17 | Sun | 3:00–4:30 pm | \$15

Apr 21 | Sun | 3:00–4:30 pm | \$15

May 19 | Sun | 3:00–4:30 pm | \$15

Meditation and Pranayama

Ages: 18+

Instructor: C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

Would you like to start meditating? Come join us for a session of three classes! We'll start class with a few gentle stretches then learn to become more familiar with our breath through different breathing techniques. After that, we'll learn and experience different meditation practices (nidra, anapana) etc. All abilities welcome; chairs are available if needed.

Jan 28, Feb 4, Feb 11 | Sun | 10:30–11:30 am | \$30



Full Moon Yoga

Ages: 18+

Instructor: L. McElroy

Location: Meridian Community Center

Min/Max: 4/20

Join us for a full moon yoga practice to celebrate the fullness of life, reflect on thoughts and habits that can be released and make room for movement in a positive direction. The full moon is a time of great energy and power and a full moon yoga class can help you use it to your benefit. The pace of a full moon yoga class is slower than a more traditional yoga class and will emphasize relaxation and introspection. Please bring your yoga mat. Props will be available if you do not have your own.

** This workshop is not included in the Unlimited Yoga option.*

Jan 26 | Fri | 7:00–8:00 pm | \$10

Feb 24 | Sat | 7:00–8:00 pm | \$10

May 24 | Fri | 7:00–8:00 pm | \$10

Adult & Senior Activities



Ages: 18+

Instructor: M. Chapin

Location: Multiple Locations

Are you ready for the ultimate confidence infusion? Channel your inner pop diva in the original dance party workout, blending dance, Pilates, yoga, kickboxing and strength training into one 55-minute workout. Join our supportive fitness tribe and have that undeniable mood boost. We are for all ages and fitness levels!

Pricing Options: \$25 for one class. \$150 for 10 class pass (expires three months after purchase), \$74 (purchase three or more consecutive months).

Class Location: Meridian Homecourt

Min/Max: 2/50

Jan 2–30 | Mon–Sat | 9:30–10:30 am | \$79

Feb 1–29 | Mon–Sat | 9:30–10:30 am | \$79

Mar 1–30 | Mon–Sat | 9:30–10:30 am | \$79

Apr 1–30 | Mon–Sat | 9:30–10:30 am | \$79

May 1–31 | Mon–Sat | 9:30–10:30 am | \$79

Class Location: Meridian Community Center

Min/Max: 2/22

Jan 2–30 | Tue/Thur | 5:30–6:30 pm | \$79

Feb 1–29 | Tue/Thur | 5:30–6:30 pm | \$79

Mar 5–28 | Tue/Thur | 5:30–6:30 pm | \$79

Apr 2–30 | Tue/Thur | 5:30–6:30 pm | \$79

May 2–30 | Tue/Thur | 5:30–6:30 pm | \$79



Adult & Senior Activities

Kendo – Introduction to Japanese Fencing

Ages: 10+

Instructor: Robert Stroud

Location: Meridian Homecourt

Min/Max: 4/35

Kendo is an exciting sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focus is on learning basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Students should wear loose fitting workout clothing. Each student will receive a shinai (bamboo practice sword).

Beginners

Jan 8–Feb 15 | Mon/Thur | 6:30–7:30 pm | \$70

Apr 1–May 16 | Mon/Thur | 6:30–7:30 pm | \$70

Advanced

** Students must have completed beginning Kendo class or have instructor's permission*

** Sunday class time: 8:30 – 10:00 a.m.*

Jan 4–Feb 29 | Sun/Mon/Wed/Thur |
6:30–8:30 pm | \$70

Mar 3–Apr 29 | Sun/Mon/Wed/Thur |
6:30–8:30 pm | \$70

May 1–30 | Sun/Mon/Wed/Thur |
6:30– 8:30 pm | \$35

Belly Dance (Raqs Sharqi)

Ages: 16+

Instructor: Jahanara

Location: Meridian Community Center

Min/Max: 2/12

Find a new motivation to move! Learn dance moves from Egypt, Turkey, Persia and other North African and Middle-Eastern Countries. Appropriate for all fitness levels. Class is taught by a dancer who has studied North African and Middle-Eastern dances for over 30 years.

Jan 3–Feb 21 | Wed | 5:30–6:30 pm | \$95

Mar 6–Apr 24* | Wed | 5:30–6:30 pm | \$95

**no class Mar 27*

May 1–29 | Wed | 5:30–6:30 pm | \$60



Pickleball 101

Ages: 50+

Instructor: Nick & Tami Leach

Location: Meridian Homecourt

Min/Max: 4/12

Pickleball is the fastest growing sport in America. It is a combination of badminton, tennis and ping pong. It can be played indoors or outdoors on a badminton-sized court using a whiffle ball and composite paddle. It is easy for beginners to learn and can develop into competitive play for experienced players. Price includes weekly use of paddles and balls.

Participants must wear proper court/tennis shoes. These classes are held indoors.

Jan 4–25 | Thurs | 1:15–2:45 pm | \$80

Feb 8–29 | Thurs | 1:15–2:45 pm | \$80

Mar 14–Apr 4 | Thurs | 1:15–2:45 pm | \$80



Adult & Senior Activities



Martial Arts for All Ages - Beginning

Ages: 6+

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Beginner Class teaches a traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week.

**Please note that this class can be intense at times due to the nature of the activity and requires a relatively high level of focus and self-discipline.*

**Additional fees for testing & uniform paid to instructor*

Jan 2–30 | Tue/Fri | 6:00–7:00 pm | \$45

Feb 2–28 | Tue/Fri | 6:00–7:00 pm | \$45

Mar 1–29 | Tue/Fri | 6:00–7:00 pm | \$45

Apr 2–30 | Tue/Fri | 6:00–7:00 pm | \$45

May 3–31 | Tue/ Fri | 6:00–7:00 pm | \$45

Martial Arts for All Ages - Intermedite/Advanced

Ages: 6+

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Advanced Class builds on the beginning class to extend the student's knowledge of our traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes advanced techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing.

Fee is \$45 per month for the first student, \$40 per month for a second member of the same family, \$35 for the third member, \$30 for the fourth member, and \$25 for each additional member after that. Fee includes two classes per week.

**Please note that this class can be intense at times due to the nature of the activity and requires a relatively high level of focus and self-discipline.*

**Additional fees for testing & uniform paid to instructor*

**Advanced classes by Family Tang Soo Do are for continuing students ranking 3rd gup, or higher.*

Prerequisite: students must have taken beginning classes and/or receive permission from the instructor.

Jan 2–30 | Tue/Fri | 6:00–7:00 pm | \$45

Feb 2–28 | Tue/Fri | 6:00–7:00 pm | \$45

Mar 1–29 | Tue/Fri | 6:00–7:00 pm | \$45

Apr 2–30 | Tue/Fri | 6:00–7:00 pm | \$45

May 3–31 | Tue/Fri | 6:00–7:00 pm | \$45

*** Friday class goes until 8:00 p.m.**

Adult & Senior Activities

Digital Photography 101

Ages: 16+

Instructor: David Wuerth

Location: Meridian Community Center

Min/Max: 3/8

Digital Photography 101 is intended for owners of DSLR and advanced point and shoot cameras. This class will cover shutter speed settings, lens-opening settings, ISO, shooting modes and basic camera operations with the goal of helping camera owners gain a better understanding of how to use their photography gear. Other covered material includes software, camera accessories, composition and shooting situations.

Jan 9–30 | Tue | 6:30–8:00 pm | \$75

Apr 9–30 | Tue | 6:30–8:00 pm | \$75



Advanced Photo Techniques

Ages: 16+

Instructor: David Wuerth

Location: Meridian Community Center

Min/Max: 3/6

This class, taught by freelance photographer David Wuert, is designed for photographers who are familiar and comfortable with their gear. Some of the subjects covered: portrait and wedding photography, sports, candid photography, gear and more. The class goal is to help you capture the images you see in your mind. Bring your camera and questions to class.

Feb 6–27 | Tue | 6:30–8:00 pm | \$75

May 7–28 | Tue | 6:30–8:00 pm | \$75

NEW CLASS!

Copperplate Calligraphy

Ages: 18 +

Instructor: Victoria Choules

Location: Meridian Community Center

Introduction to copperplate calligraphy.
Learn how to use pointed pen and
walnut ink to create this elegant and
historical letterform.

Feb 2–Mar 1* | Fri | 6:00–8:00 pm | \$80

**no class Feb 16*



Have you lost or found something in a Meridian park or facility? Call us at 208-888-3579; we might be able to help!



Adult & Senior Activities

Line Dancing – Beginner

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Just starting out? This is the class for you. Line Dances are patterns of steps repeated throughout the song. Patterns in this Beginner class are pretty simple and easy to memorize. Randy can tailor the class to your needs, so just be sure to let him know if he should slow it down or speed it up. Randy specializes in helping people learn how to line dance effectively regardless of their level of experience or skill. Line dancing is meant to be a fun experience for everyone. Come try out some line dancing and see how quickly you will be kicking up your heels!

Jan 7–28 | Sun | 4:00–5:00 pm | \$28
Feb 4–25 | Sun | 4:00–5:00 pm | \$28
Mar 3–31 | Sun | 4:00–5:00 pm | \$35
Apr 7–28 | Sun | 4:00–5:00 pm | \$28
May 4–26 | Sun | 4:00–5:00 pm | \$28

Line Dancing – Improver

Ages: 18+

Instructors: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

No longer a beginner? Not quite intermediate? Then this is the class for you.

Jan 7–28 | Sun | 5:00–6:00 pm | \$28
Feb 4–25 | Sun | 5:00–6:00 pm | \$28
Mar 3–31 | Sun | 5:00–6:00 pm | \$35
Apr 7–28 | Sun | 5:00–6:00 pm | \$28
May 4–26 | Sun | 5:00–6:00 pm | \$28



Line Dancing – Intermediate

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

If you know the basic patterns and steps to line dancing and if you have mastered synco-pations and are ready to move into phrasing and longer patterns with restarts and tags, then you are ready to join us in our intermediate level line dance class. So, bring your talent and join in.

Jan 7–28 | Sun | 6:00–7:00 pm | \$28
Feb 4–25 | Sun | 6:00–7:00 pm | \$28
Mar 3–31 | Sun | 6:00–7:00 pm | \$35
Apr 7–28 | Sun | 6:00–7:00 pm | \$28
May 4–26 | Sun | 6:00–7:00 pm | \$28



Line Dancing – Choose Your Dates

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Can't attend line dance class every Sunday? Then here is the option for you. You can now choose which Sundays you want to attend. There are 21 classes scheduled this winter and spring. Register for this class and choose which 17 classes in your skill level you want to attend January through May.

Jan 7–May 26 | Sun | See times above | \$123

VISIT INITIAL POINT GALLERY

See the work of talented artists each month

Meridian City Hall
Third Floor
Monday-Friday, 8am-5pm
Free Admission

MEET THE ARTISTS!
Opening Receptions for
Each New Exhibit



**New Exhibits
Open:**

**Remaining 2023 Shows: Dec. 5
2024 Shows: Feb. 6, April 2, May 7,
June 4, Aug. 6, Oct. 1, Nov. 5, Dec. 4**

Learn more at: meridiancity.org/gallery

Adult & Senior Activities

Intro to Dance

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

What is country dance? This class will introduce you to some of the basic country dances, such as west coast swing, east coast swing, country 2-step, nightclub 2-step, polka, waltz and pattern dances. As a group we will decide which dances to focus on during each class.

Jan 2–30 | Tue | 7:05–8:00 pm | \$50

Feb 6–27 | Tue | 7:05–8:00 pm | \$40

Mar 5–26 | Tue | 7:05–8:00 pm | \$40

Apr 2–30 | Tue | 7:05–8:00 pm | \$50

May 7–28 | Tue | 7:05–8:00 pm | \$40

Social Dance

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Let's Dance! Just for fun! This hour will be for anyone wishing to dance with others who are learning various country dances, such as west coast swing, east coast swing, country swing, waltz, nightclub and others. Just come dance or feel free to ask Randy questions you may have about your dancing or a particular move.

Jan 2–30 | Tue | 8:05–9:00 pm | \$50

Feb 6–27 | Tue | 8:05–9:00 pm | \$40

Mar 5–26 | Tue | 8:05–9:00 pm | \$40

Apr 2–30 | Tue | 8:05–9:00 pm | \$50

May 7–28 | Tue | 8:05–9:00 pm | \$40



Intermediate 2-Step

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

You will need to know the basic step for the 2-step, (quick, quick, slow, slow) to attend this class. Along with some fun patterns, you will learn the importance of positioning, timing, and connection. No partner needed.

Jan 2–30 | Tue | 9:05–10:00 pm | \$50

Feb 6–27 | Tue | 9:05–10:00 pm | \$40

Mar 5–26 | Tue | 9:05–10:00 pm | \$40

Apr 2–30 | Tue | 9:05–10:00 pm | \$50

May 7–28 | Tue | 9:05–10:00 pm | \$40

Couples Social Dance – Choose Your Dates

Ages: Adult & Senior

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Can't attend dance class every Tuesday? Then this is the option for you. You can now choose which Tuesdays you want to attend. There are 22 classes this winter/spring. Register for this class and choose which 17 classes in your skill level you want to attend January through May. You do not need a partner to attend these classes.

Jan 2–May 28 | Tue | See Above Times | \$188



THE CITY OF MERIDIAN'S **Volunteer Program** NEEDS YOU



- Patrol our City parks as a Park Ambassador
- Greet visitors at Meridian City Hall's reception desk
- Assist various City departments and at community events
- Take part in individual or group service projects



Interested? Contact Jaime Del Barrio, Volunteer Coordinator
208-489-0562 or jdelbarrio@meridiancity.org
Visit meridiancity.org/volunteer for more information

Adult & Senior Activities

Senior Excursions

Festival of Trees

Ages: 50+

Departs from: Meridian Community Center

Min/Max: 4/10

Join us for a trip to the Festival of Trees in downtown Boise. There are beautifully decorated trees, live entertainment, train displays, a gift shop and more.

Nov 22 | Wed | 12:00–3:00 pm | \$10



McCall Winter Carnival

Ages: 50+

Departs from: Meridian Senior Center

Min/Max: 30/50

Join us for a trip to the McCall Winter Carnival to see the wonderful ice sculptures. Upon arriving in McCall on a large chartered bus, you will spend a few hours exploring the ice sculptures, visiting the shops, and taking in the scenic views of McCall. Lunch will be on your own or you can bring a sack lunch. Maps of the Winter Carnival and restaurant suggestions will be provided.

Feb 22 | Thur | 8:00 am–6:00 pm | \$35



extra

TRASH COLLECTION
DECEMBER 26 - 30

During extra trash collection, residents can schedule accepted bulky items and place extra trash out at the curb for free pick up. Each household is limited to 7 large items and 10 smaller items.

Items are picked up on your normal trash service day.



Collection details and guidelines at meridiancity.org/extra-trash.



Register online at meridiancity.org/parks

Meridian Homecourt Information

OPEN GYM

Join the Fun at the Meridian Homecourt

936 Taylor Ave., Ste. 104
Meridian, Idaho
(208) 288-4400

Learn more online at:
[meridiancity.org/
homecourt](http://meridiancity.org/homecourt)



The Meridian Homecourt is the City of Meridian's 49,000 square foot indoor sports court facility featuring four NBA sized multi-use basketball courts.

These courts can be converted to accommodate 14 Pickleball courts and 7 Volleyball courts. Meridian Homecourt also includes a 7,000 square foot Community Education room that is host to youth and adult recreation classes.

The facility provides the community a clean, safe, well-maintained place to enjoy various types of indoor recreation year-round!



Directions:

To find the Meridian Homecourt, turn north onto NW 10th Street from Franklin Road between Meridian Road and Linder Road. Follow NW 10th Street until it curves right and you'll see the Meridian Homecourt on your left!

To view the current activity schedule, access additional information, or inquire about renting the facility, please visit meridiancity.org/homecourt or email homecourt@meridiancity.org



MERIDIAN PARKS AND RECREATION



ADULT SPORTS LEAGUES

AND TOURNAMENTS

Please visit our website for
Adult Sports League and
Tournament Offerings
and information updates.

meridiancity.org/parks/sports



Host Your Next Outdoor Gathering at Our Place!

Looking for a fun and unique location to hold an outdoor get-together? Meridian's City parks have picnic shelters in a variety of sizes ideal for casual meetings and celebrations for groups of up to 400 people!

While nearly all of Meridian parks have individual picnic tables you can use for free on a first-come, first-served basis for impromptu picnics, you will need to make a pre-paid reservation in advance if you wish to utilize one of our covered picnic shelters and its amenities on a specific date and time for a gathering or special event.

During 2024, picnic shelter reservations will be reservable from March 30—October 20. Reservations can be placed beginning Thursday, February 1.

You can research your options, check availability, book and pay for a shelter reservation online at meridiancity.org/parks at any time or with the assistance of our staff via telephone or an in-person visit to the 2nd floor of Meridian City Hall during our regular weekday business hours, which exclude major holidays.

All of our picnic shelters feature a shade covering, picnic tables, trash receptacles, charcoal or gas grill, electricity, and nearby restroom facilities. Additional field space or sports fields may also be available to rent.

Park visitors are expected to adhere to all Park Use Policies and may be required to purchase additional permits when applicable.

Learn more about our parks and Park Use Policies at: meridiancity.org/parks



Picnic Shelter Rental Options

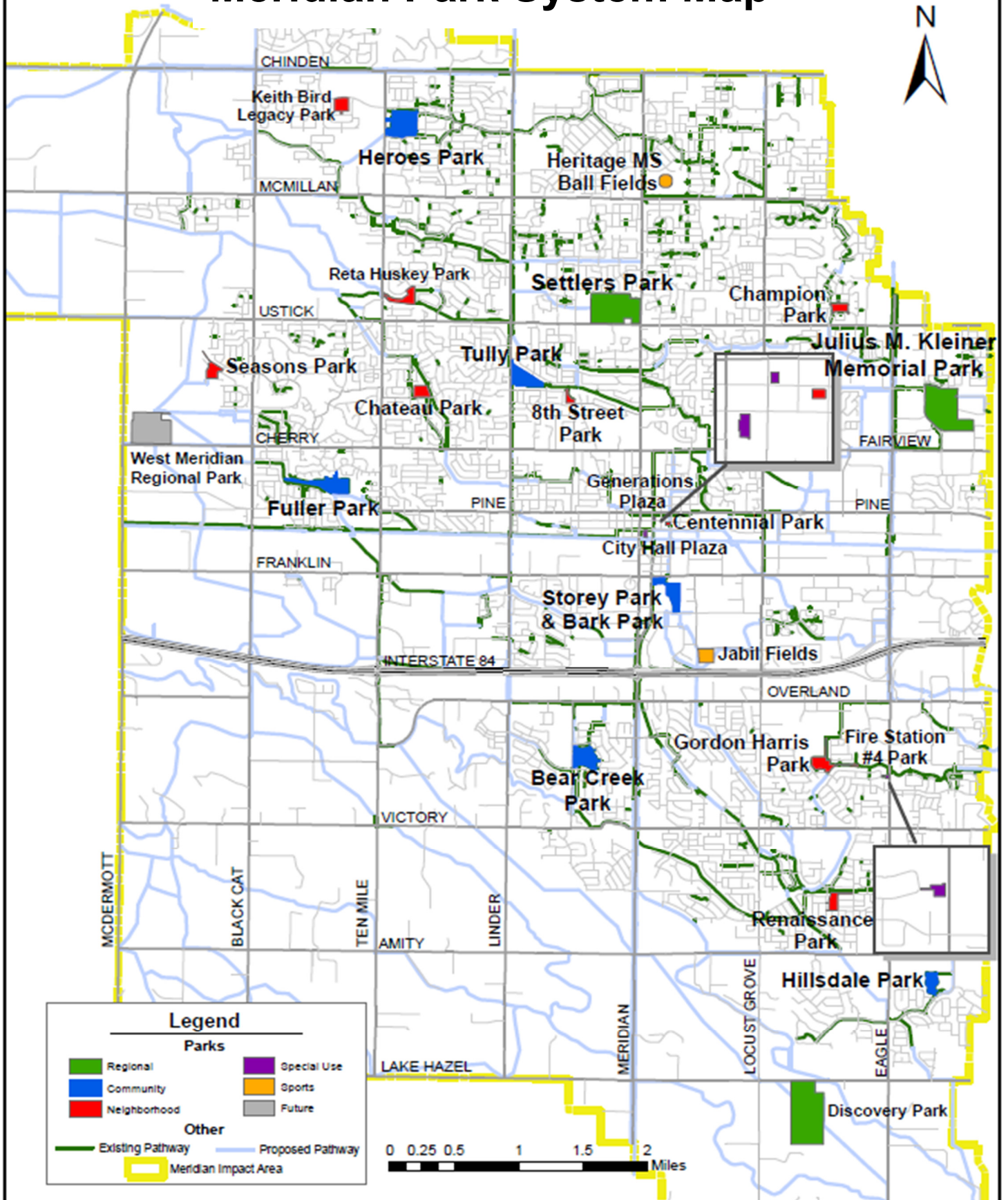
For additional information or to place a reservation, visit meridiandcity.org/parks or call 208-888-3579.

PARK	# of PICNIC SHELTERS	PICNIC SHELTER MAX. CAPACITIES	PICNIC SHELTER RENTAL FEE RANGE* (Per Rental Time Block — Pre-Payment Required)
Discovery Park 2121 E. Lake Hazel Road	3	75—250	\$75—\$125 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Julius M. Kleiner Memorial Park 1900 N. Records Avenue	5	100—400	\$50—\$150 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Settlers Park 3245 N. Meridian Road	3	50—200	\$50—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Bear Creek Park 2400 S. Stoddard Road	1	100	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Fuller Park 3761 W. Park Creek Drive	3	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Heroes Park 3064 W. Malta Drive	1	300	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Hillsdale Park 3801 E. Hill Park Street	2	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Storey Park 205 E. Franklin Road	2	200	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Tully Park 2500 N. Linder Road	2	50—300	\$40—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
8th Street Park 2235 N.W. 8th Street	1	30	\$40 Noon—9pm
Centennial Park 223 E. Idaho Avenue	1	30	\$40 Noon—9pm
Champion Park 3430 N. Troxell Way	1	30	\$40 Noon—9pm
Chateau Park 2640 W. Chateau Drive	1	30	\$40 Noon—9pm
Gordon Harris Park 2400 E. Three Bars Drive	1	50	\$40 Noon—9pm
Keith Bird Legacy Park 3737 W. Lost Rapids Drive	1	30	\$40 Noon—9pm
Renaissance Park 4155 S. Genoard Avenue	1	30	\$40 Noon—9pm
Reta Huskey Park 2887 Tubac Drive	1	30	\$40 Noon—9pm
Seasons Park 5300 W. Ridgeside Street	1	30	\$40 Noon—9pm

*Additional fees may apply or permits be required for amplified sound permit, gas bbq rental, short-term concession permits, rental of nearby playing fields, and excess clean-up or repairs. Full-day rental options are also available for the picnic shelters located in the first nine parks listed above.

Meridian's Parks and Pathways

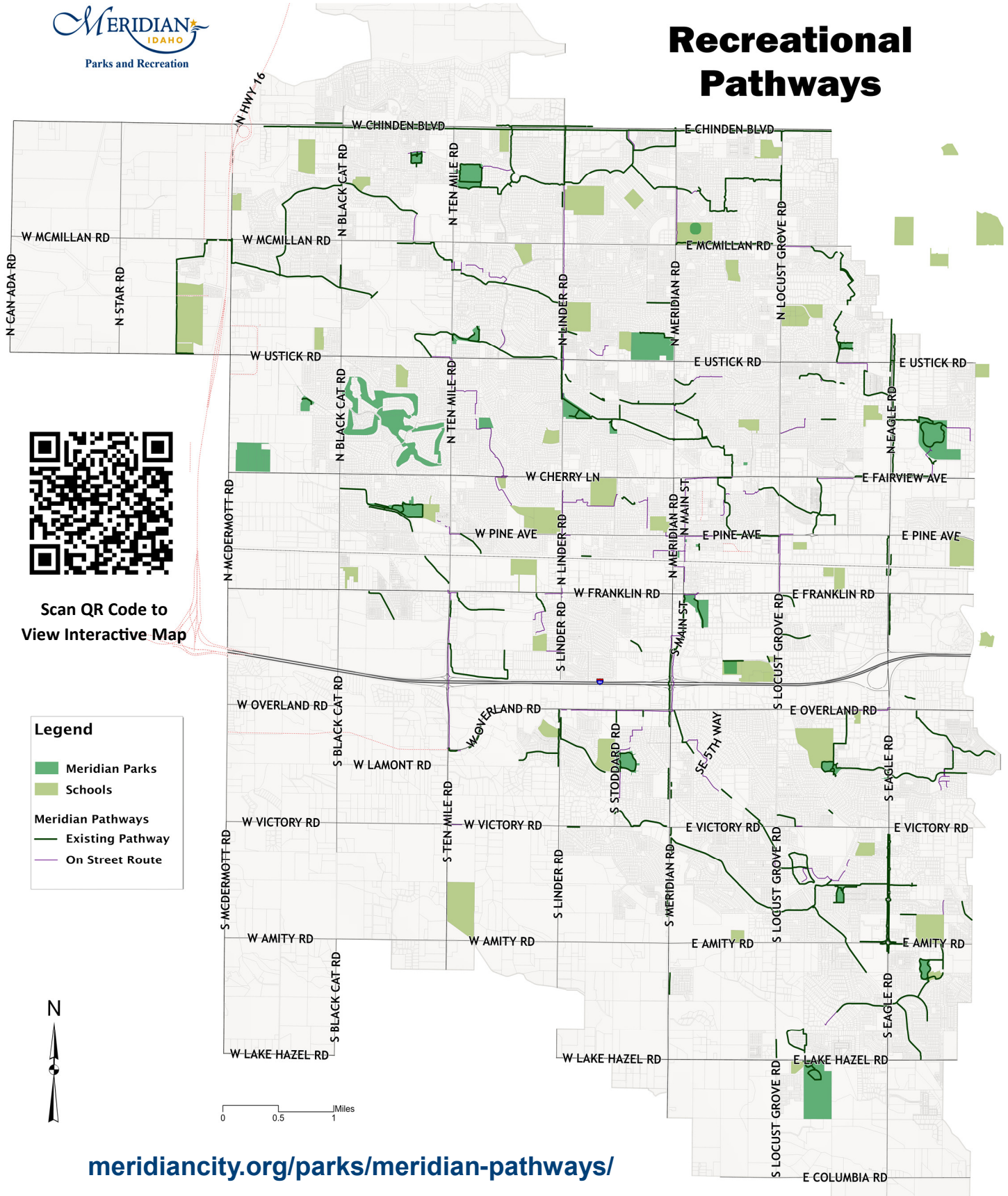
Meridian Park System Map



Meridian's Parks and Pathways



Recreational Pathways



MERIDIAN'S DOG PARKS

Where Meridian Dogs Take Their People to Play!

The City of Meridian has two dedicated off-leash dog parks where well-behaved dogs can safely romp and play while their owners have a doggone good time socializing with fellow dog enthusiasts — Storey Bark Park (430 E. Watertower Street) and Discovery Bark Park (2121 E. Lake Hazel Road).

Dog park amenities include safe leashing/unleashing areas, separate large and small dog areas, shade shelters, water sources, agility playthings, paved walkways, a variety of ground surfaces, mutt mitt stations, tables and benches, and nearby restrooms and parking.

Both dog parks are free to the public and open year-round from sunrise to sunset daily.

Our Dog Park Rules:

- ◆ Use park at your own risk
- ◆ Owners are responsible for the actions and behavior of their dogs
- ◆ Aggressive dogs must be removed immediately
- ◆ Dogs must have current license and vaccinations
- ◆ Owners must clean up after their dogs
- ◆ No dogs in heat
- ◆ Owner must be present and in control of his or her dog(s) at all times
- ◆ All dogs must be leashed outside the fenced area
- ◆ Children must be closely supervised
- ◆ Park hours are sunrise to sunset



Big or Small... You Must License Them All

Meridian City Code 6-2-3 requires that all dogs living in the City of Meridian that are over six months old be licensed each calendar year.

Licensing ensures that dogs living within the City are rabies-vaccinated and enables them to be reunited with their owners if found running loose.

To learn how you can obtain a new license or renew an existing license for your dog(s), please call 208-888-4433 or visit the Meridian City Clerk's Office on the first floor of Meridian City Hall or go online to: meridiancity.org/city-clerk

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News & Information * Meeting Notices * Emergency Alerts
Special Events * Volunteer Opportunities * And more!

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City of Meridian
Parks and Recreation Department
33 E. Broadway Avenue, #206
Meridian, Idaho 83642
(208) 888-3579
recreation@meridiancity.org
meridiancity.org/parks